



EDAN Lincs Newsletter – September 2021



Hope you enjoyed your summer whether you have been working, had a staycation holiday or managed to get away. Welcome to our September newsletter. This autumn we plan to connect with more schools and colleges, as well as Universities to reach out to students and their families. We are scheduled to be at Stamford College Mental Health fair & much more. Please watch the social media posts!

Councillor Sarah Devereux will be supporting EDAN Lincs



during her term as East Lindsey District Council Chairman for 2021/22. Cllr Devereux said: "EDAN

Lincs is a vital charity for our area. Domestic abuse affects so many lives and many of us will have either experienced or know someone that has been affected by it, yet there's still a lack of understanding around the subject.

"Unfortunately, being in lockdown has seen case numbers rise, so it's vital we support services

like EDAN to continue to be there for people when they need them most.

We need people experiencing domestic abuse to know there is help and there is a way out. If I can help promote and support that service, I will do whatever I can; hopefully over the coming year I'll be able to hold some fundraisers to promote and raise some funds for the wonderful work that

EDAN do."



We are grateful to be working with various agencies supporting our services to the victims of domestic abuse. One of these organisations is Make a Change who work with perpetrators and their families to help make things better. It's a free and confidential service in Lincolnshire for anyone worried about their behaviours within their relationships. Call Make a Change on **01522 246616** or visit **www.makeachange.uk.net**



Thank you from EDAN

We are grateful for the grant of £6,000 received from B&Q for the refreshing & repainting in our refuges.

Thank you to Sills & Betteridge for their ongoing support and Superdrug vouchers for the residents of our refuges

Thank you to CDS Community Dental Services for £5,000 grant that will pay for some mattresses, translation services and counselling group sessions.

Thank you to ASDA for the grant for celebration events for the refuges. Thank you Spar, Tesco, Morrisons, The Wood Shed Pizza Company, Asda for the donations in goods!

Thank you Rotary Club South Holland for £500 to support our counselling services for the refuge residents



Thank you, **Dunston community groups including Churches together** for holding yarn bomb in July and August to raise awareness about domestic abuse and fundraising £1,280.55 for EDAN Lincs

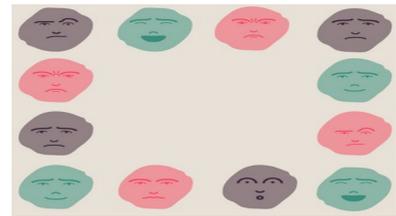
Thank you to 2 Lincolnshire Police cohorts for raising £2,500 undertaking active challenges and clearing up the streets in Skegness

How can you help?



We are currently raising money to replace all the mattresses in our refuges - £100 per mattress? We have fundraised to replace 21 - can you help us to replace the rest to make sure families who come to our refuge have a reasonable night sleep? Please email fundraising@edanlincs.org.uk for more details

View from our Counsellor



I am passionate about individual journey, helping to grow, develop and leave as the best version of themselves helping them to find out who they are and what they want out of life. I always say I will not do the work for them but I will always walk the path of change with them, by their side. This trust and belief that they can and will change is one of the reasons that I love my job! giving the scope for the therapy

Currently the popularity for therapy is exceeding our current financial grant so we are fundraising to impact more lives.

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