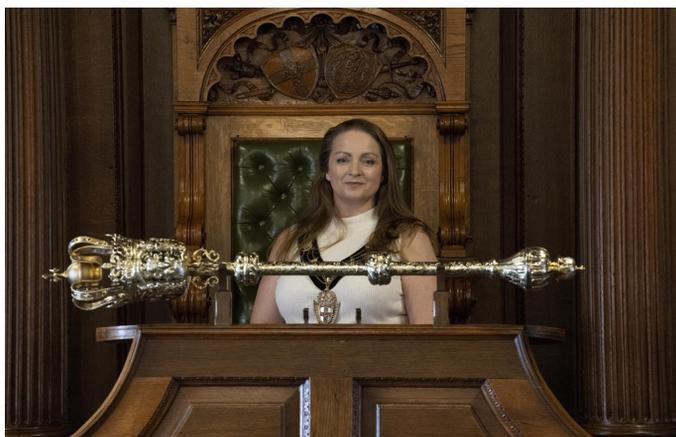




## **EDAN Lincs Newsletter – March-April 2022**

### **Introducing our Patron, Councillor Jackie Kirk The Right Worshipful the Mayor of Lincoln.**



We are delighted to announce that the Jackie Kirk, the Mayor of Lincoln has agreed to become our Patron and will carry on supporting EDAN Lincs during & after her post ends. Jackie said: “EDAN Lincs Domestic Abuse Charity works across Lincolnshire and is close to my heart as it offers vital support to those who are experiencing and/or fleeing domestic abuse. When I was approached by EDAN Lincs to become a Patron for the Charity I willingly and wholeheartedly accepted the invitation, as I understand and fully appreciate the complexities of domestic abuse. I understand the full extent of the deeply embedded psychological damage that it causes, whether past or present, to those currently living and suffering from domestic abuse, regardless of whether it’s a close family member, a current friendship or relationship, or someone from a distance. This understanding comes from a personal lived experience spanning decades, and through other individuals I met during the 6+ years of supporting and caring for the homeless and vulnerable community of Lincolnshire. Abuse comes in so many different forms and some are exceptionally hard to detect.”

Jackie says: “I look forward to working closer with EDAN Lincs in the months and years ahead, to help and support those currently trapped and who desperately want to break free. To raise awareness of how much better life can be and support the victims of abuse to look for a brighter more caring, loving future. We all need to raise awareness to stop domestic abuse!”  
There will be full article released soon! Watch the space!

## Kindness of Strangers



On average every 4th woman and every 6th man experience domestic abuse in their lives. To celebrate International Women's Day we have published a story of one woman who was a victim of domestic abuse for a number of years before she managed to escape and rebuild her life. She stayed in one of our refuges. Although this lady suffered domestic abuse, she is safe now. she has managed to escape and start a new life after enduring years of domestic abuse.

She describes often being beaten until she was black and blue all over, but it wasn't just violence, she was isolated from friends and family, controlled, manipulated, enduring psychological humiliation and had her finances restricted.

She said: "No one should feel they are alone, not anytime but especially when you are enduring domestic abuse. People may think it will just go away and just stop, but once domestic abuse is happening, statistics show it will continue and often worsen. So those who are suffering from domestic abuse, you need to seek help. You need support at time like this."

**If you are a domestic abuse survivor and happy to share your story or some encouragement with others, please contact Anna on [annad@edanlincs.org.uk](mailto:annad@edanlincs.org.uk)**



**We are looking for  
Fundraising volunteers - for  
more info email  
[annad@edanlincs.org.uk](mailto:annad@edanlincs.org.uk)**



Our new collection tins have arrived! Do you know a good place with lots of people coming through that can benefit from raising awareness and fundraising for EDAN Lincs? If you do, please email [fundraising@edanlincs.org.uk](mailto:fundraising@edanlincs.org.uk)

**7 X 7 MILES  
WALK/RUN/BIKE/SWIM  
ITS YOUR MOVE  
ACTIVE CHALLENGE 2022**

**BECAUSE IT TAKES ON AVERAGE 7 ATTEMPTS TO  
LEAVE A DOMESTIC ABUSE RELATIONSHIP**

Our 2022 active challenge is gaining momentum with companies, organisations and individuals signing up! Its 'Your Move' **7 x 7 miles because on average it takes at least 7 times for the victim of domestic abuse to leave the perpetrator!** Take a stand with us against domestic abuse! You can go walking, running, biking, swimming, squatting or set up your own challenge on Justgiving <https://www.justgiving.com/campaign/edanlincsitsyourmove>. Posters, sponsorship forms & information available from: [fundraising@edanlincs.org.uk](mailto:fundraising@edanlincs.org.uk)



## Thank you from EDAN Lincs



Thank you to Primark Lincoln for continuous fundraising and support among staff and customers in store!

Thank you to B&Q for awarding us a grant of £6,000 to help us redecorate the refuges!

Thank you to Tesco's for £1,000 grant to create a safe outside play space in one of our refuges!

Thank you to Boston Borough Council's Empowering Healthy Communities - Councillors' Community Grants Scheme awarding us £3,250 for translation costs and much more!

Thank you to Florere Business Growth Club for raising £125 to help EDAN Lincs!

Thank you to Keddington & Louth Park Women's institute for £50 of Aldi grocery vouchers for the residents of the refuge!

Thank you to Tesco Mobile phones grant to help our IDVA clients to keep connected!

Thank you to Tesco's, Coop, Asda for donations and ongoing support!

### How can you help?

**We are appealing for money for our Freedom Fund for the Outreach team that helps approx 300 families at any one time! For more information please visit: <https://www.justgiving.com/campaign/edanlincsfreedomfund>**

**Its Easter time, so if you would like to help us make it special for children/young people who experienced domestic abuse, please visit: <https://www.justgiving.com/campaign/EASTEREGGAppeal>**

**We are appealing for microwaves and other essential items for refuges, please contact [fundraising@edanlincs.org.uk](mailto:fundraising@edanlincs.org.uk) if you would like to contribute!**

And please dont forget that shopping online with



Choose EDAN Lincs as the charity you would like to support! Shopping with a difference!

We are also supported by **JustGiving**



### Welcome to our new Deputy CEO of EDAN Lincs, Amanda Sowerby



Amanda joins EDAN Lincs with more than twenty years experience working for charitable organisations. Amanda's vast experience includes HR, project management, strategic development and planning, delivering training, information governance. The new post at EDAN Lincs was created to support the CEO, Board of Trustees and Senior Management Team with organisational strategy.