



## EDAN Lincs Newsletter – June 2022

### Happy Birthday, EDAN Lincs!

EDAN Lincs is 21 years old on 29th June 2022!

In the last year we have helped hundreds of people across the whole of Lincolnshire who suffered domestic abuse:

We supported 123 adults and 114 children in our refuge emergency accommodation along with 3990 victims within our Outreach team including 475 high risk cases via our IDVA support.



### Refuge Manager Fundraising

One of our Refuge Managers has recently completed a 117.5km camino walk from Sarria to Santiago de Compostela in Spain to raise funds for the children and young people residing in our refuges, to facilitate activities and support to reduce the trauma they have experienced.



She shared the following feedback with us: “I have chosen to do this to prove to those children accessing refuge they are not alone, that help, and support is available, they are worthy of love and have a right to feel safe. To provide them with a platform where they too can heal and recover and move on to a life free from violence.”

Having shared her own story of domestic abuse survival years ago, she wanted to return to the country where it happened. The long walk in the heat was not easy and caused numerous blisters, and even a scorpion sting that made every step excruciating but she completed the walk. The fundraiser is still open for donations.

As reported by Save Lives 130,000 children live in homes where there is high-risk domestic abuse, 62% of children living with domestic abuse are directly harmed by the perpetrator of the abuse, in addition to the harm caused by witnessing the abuse of others.

**You can donate to the fundraiser here <https://gofund.me/c7d13463>**



## Thank you from EDAN Lincs

An inspirational English secondary school teacher from Horncastle, Garrath ran the Virtual London Marathon in October 2021 raising over £700 for EDAN Lincs. We have managed to catch up with him to find out what inspired him to do this. Garrath said that his family has made donation in the past and it's important to him that EDAN is a local charity supporting local people who have suffered domestic abuse. Any marathon is challenging, yet Garrath completed it in just 3 hours 40 minutes as an independent runner. When setting up the fundraising page on JustGiving, he was hoping to raise £300 but was amazed with people's generosity doubling his original target! Garrath is married with two young children, Edward & Thea; doing this challenge gave him an opportunity to raise awareness of domestic abuse with his colleagues and friends. He is a part of a local running club and is hoping to do a marathon again in the next 12 months to raise more money for Edan Lincs. Garrath said: "As a father, family and home are important to me and the thought of being able to help those who suffered domestic abuse inspires me to keep on running!" We are so grateful for his hard work and inspiration.



Thank you, Ringrose Law, for sponsoring our 'Creative Freedom' event at Lincoln Cathedral Chapter House 6-12 June. Thank you to all the artists who have donated the art pieces to brighten our refuges, Rainbow Quilters for Reflection 2020 quilt display, Nadya Monfrinoli & refuge artists for the posters and our volunteers for helping us to make it happen! During this event we raised over £1,000 and still counting as we have 2023 calendars and greeting cards available with images from the exhibition and the proceeds of these will be added to the total. The event has helped to raise awareness of domestic abuse and the work of EDAN Lincs End Domestic Abuse Now in Lincolnshire and raise money to support victims of domestic abuse.

Thank you to Rainbow Quilters for tirelessly fundraising and exhibiting Reflection 2020 Quilt 2021-2022 and raising £2750 for EDAN Lincs!!

## How can you help?

Fancy a challenge? Fundraise for us - get in touch [fundraising@edanlincs.org.uk](mailto:fundraising@edanlincs.org.uk)

