



## EDAN Lincs Newsletter – August 2022

**Thank  
You**

### Message from one of our Refuge Managers

“We are so thankful for support from outside agencies and businesses who have given very generously in the last year. These donations and fundraisers have been a great help in supporting the families in our refuge.

As the refuge manager, I would like to thank my amazing team for all their hard work and dedication.

It is truly a challenging environment, which tests our varied skills on a daily basis. Similarly, I would like to thank all the residents we have supported over the years for their valued feedback and allowing us to go on this immense and often painful journey with them.

Living in the refuge for up to six months can be very challenging for their emotional and mental wellbeing. Many residents expressed that having the opportunity to do activities outside the refuge was beneficial, allowing them respite from the environment and a sense of normality.”



### Feedback from some of our refuge residents

“At the start of my journey, I misunderstood what love was. I thought it was panic attacks whenever he was around and I thought he was abusing me just because he needed help with his mental health and it was my job to stick around and help him, he never really meant it, right? I couldn't of been more wrong. Since being at Edan Lincs, I've not only been taught what abuse really is, I've also been given the confidence to find MY identity again. I'm no longer a victim, I'm a survivor and more importantly, I'm me again. And I've only got EDAN Lincs and the staff to thank for that, because without them, I'd still be a victim of an abuse I couldn't even recognise.”



“I've been here for a year nearly. I've got three young children. The staff are very supportive emotionally and give great advice when needed and information when needed. The garden is fantastic for the children and the service made me and my children feel at home and supported so much I will be sad when we move on..”



# Thank you from EDAN

Thank you to Sills & Betteridge for raising £975

Thank you to Cherry Willingham Mother's Union for raising £858.90 through coffee mornings

Thank you Lincoln Roundtable for £2,000 grant

Thank you to The Lord Barnby Foundation for £1000

Thank you to Howden's for donating a kitchen to one of our refuges & to Everytrade Louth & Cobbles bar for removing the old one & fitting the new one

Thank you to Gleeson housebuilders for raising £2202 during the year

Thank you to The Circle Fund (NatWest) for £5,000 grant for IDVA Freedom Fund

Thank you to Platform Housing Group for Community Chest Funding

Thank you to TESCO's Little Helps grant & Fortis Therapy for play therapy delivered in the refuge



Thank you, Rainbow Quilters for creating a beautiful quilt and including EDAN Lincs, then touring with it all over and beyond Lincolnshire to raise awareness of domestic abuse and money for EDAN Lincs - £2,750 raised!!

## Some of the companies/organisations that have supported us over the last few months - THANK YOU FOR MAKING A DIFFERENCE!!!



## Feedback from those who have been helped by our Outreach Team

"Thanks for arranging the Children and Young people's Support for my boys, it's much appreciated."

"It's nice to know someone is there who understands what I am going through."

"Thanks for listening, it's nice to know someone is there if I need help."

"Thanks for not giving up on me."

"I feel very confident about how to access support now and in the future... You understood the situation and what I am going through.. I appreciate that, you made me feel like a person"

"Thanks so much for all your help, it's been a real eye-opener doing the awareness course."

"Very supportive. she helped me see things clearly, gave me confidence to talk to my solicitor about what I wanted for child contact and also encouraged me to contact the police."

**This summer host a Picnic to fundraise for EDAN Lincs, your local domestic abuse charity!**



**Choose the venue (your garden, park etc), decide on how much you will charge, set up justgiving page or use ours, then invite your friends and family to take part.**



**Contact us for more info, sponsorship forms, posters, invitations, etc on [fundraising@edanlincs.org.uk](mailto:fundraising@edanlincs.org.uk)**

