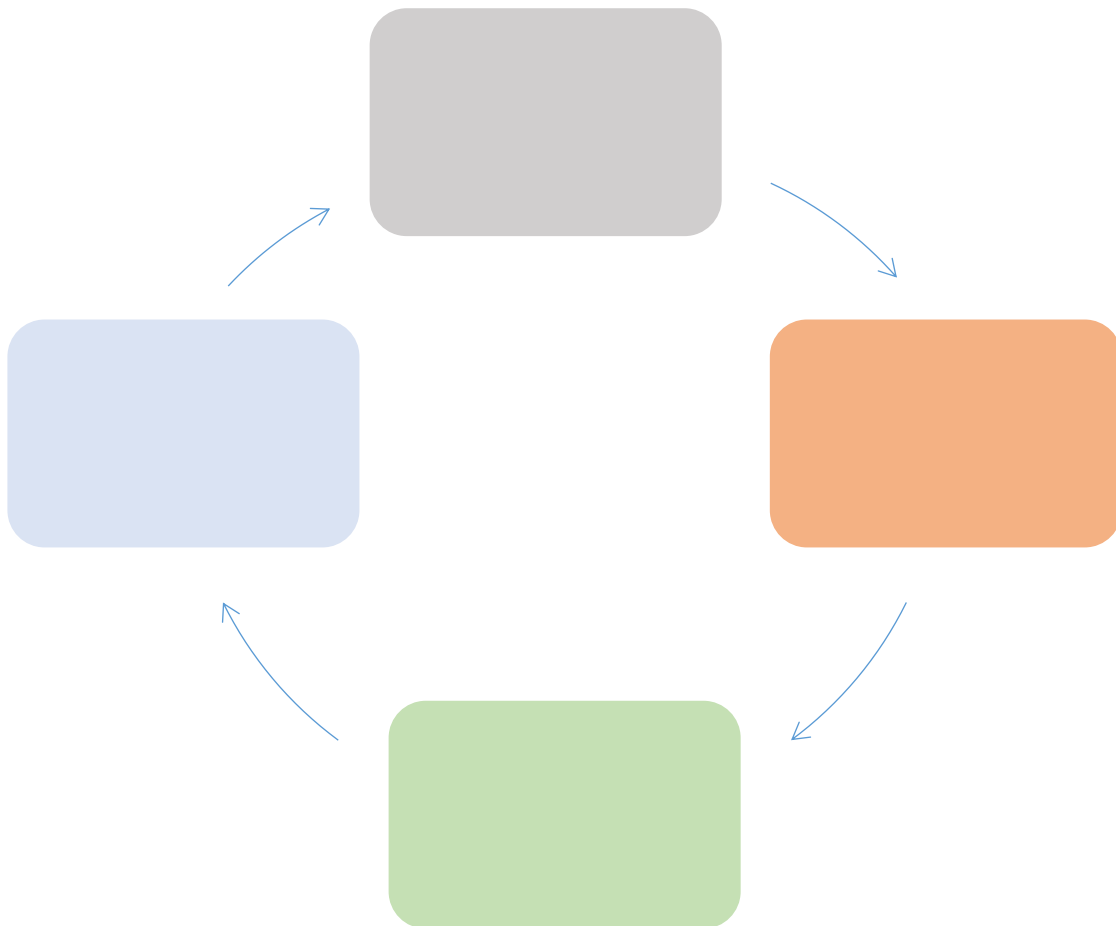


Cycle of abuse – Young people

For the professional:

Work with the CYP to look at the cycle of abuse, how it feels at the start and how it progresses. Work through the stages help them to identify their own experiences and then explore this further on the next page.

Can you fill in the blanks on the cycle of abuse below? Put them in order: honeymoon, tension building, calm, incident



Can you describe what happens at each stage?

Tension building

Incident

Honeymoon

Calm